

For those homes that did not receive the Ask 4 Help® card in last week's issue of The Photo News, here is your copy.

BE-A-LINK® – SAVE A LIFE!

If you have received this Card, it is a Cry for Help:

- Stay with the person - you are their *lifeline!*
- Listen, *really listen*. Take them seriously!
- Get, or call, help *immediately!*

It's OK to Ask 4 Help!®

1-800-SUICIDE (1-800-784-2433) 1-800-273-TALK (1-800-273-8255)

YELLOW RIBBON SUICIDE PREVENTION PROGRAM® • 303-429-3530 • www.yellowribbon.org

These cards are a “voice” for youth when they can't find the words to say “I Need Help”.

*Hold onto it.
Give it to your child.
Hand it to a friend.
Save A Life.*



THIS RIBBON IS A LIFELINE!®

It carries the message that there are those who care and will help! If you are in need and don't know how to ask for help, take this card to a counselor, teacher, clergy, doctor, parent or friend and say:

“I NEED TO USE MY YELLOW RIBBON”

The Yellow Ribbon Program is in loving memory of Michael Emme

Thank you for your support in helping to educate our community.

Compliments of The Patrick M. D'Aliso Foundation