

Every 17 minutes someone in the U.S. dies from suicide.

- Suicide is the 3rd leading cause of death for young people nationally (ages 15-19 & 15-24)*
- The fastest growing age group for suicide is 10—14 year olds*

IN THIS ISSUE, EACH FAMILY IS RECEIVING THE ASK 4 HELP® CARD INSTITUTED BY THE YELLOW RIBBON SUICIDE PREVENTION PROGRAM®.

These cards are a “voice” for youth when they can’t find the words to say “I need help”. Hold on to it, give it to your child, hand it to a friend...save a life.

Talking about suicide DOES NOT cause suicide. NOT TALKING about it isolates the person and makes him/her feel that there is something wrong with only him/her. This makes our youth unwilling and unable to ask for help.

Please join us in the fight to educate our society on suicide awareness and keep our children informed and safe. For more information, log on to www.yellowribbon.org.

—COMPLIMENTS OF THE PATRICK M. D’ALISO FOUNDATION



Patrick M. D’Aliso Foundation

*American Association of Suicidology 2002 (Current Statistics) Fact Sheet. Yellow Ribbon Suicide Prevention Program® Frequently Asked Questions.